



Hoosier Healthcare Newsletter

December 2008: **Happy Holidays**



See what's happening at Hoosier Healthcare

- Urgent Care
- Holiday Hours
- Random Drug Testing
- Flu Shots still available
- DOT drug testing revisions on hold

Urgent Care, be sure to sign up for your employees to be seen for urgent care during this winters cold and flu season.

HHC will provide non-work related medical care (urgent care) to employees. Non work related medical care includes; flu like symptoms, colds, cough, minor injuries... Payment for services will be made at the time service. Take advantage of this convenient, low cost, time saving service for your employees.

Contact Hoosier Healthcare for additional information, and let us answer your questions, regarding any of your occupational healthcare needs.

<u>Hoosier Healthcare Holiday Hours:</u>		
December 24, 2008	Portage clinic	7am-1pm
December 24, 2008	Valpo clinic	closed
December 25, 2008	both clinics closed	
December 26, 2008	Portage clinic	8am-4pm
December 26, 2008	Valpo clinic	8am-2pm
December 29, 2008	Portage clinic	8am-4pm
December 29, 2008	Valpo clinic	8am-2pm
December 30, 2008	Portage clinic	8am-4pm
December 30, 2008	Valpo clinic	8am-2pm
December 31, 2008	Portage clinic	7am-1pm
December 31, 2008	Valpo clinic	closed
January 1, 2009	both clinics closed	
January 2, 2009	Portage clinic	8am-4pm
January 2, 2009	Valpo clinic	8am-2pm
January 5, 2009	both clinics resume regular hours	

Drug Testing programs can be established for pre-employment, post accident, random, return to work and reasonable cause. Random drug testing will help provide a safer environment for all of your employees.

Random Drug Testing

Random drug testing is believed to have the strongest deterrent effect for your employees. Hoosier Healthcare offers a random program that selects employees from a computer randomized list. The clinic will send you an eligibility list for your review every month, quarter, or bi-annual pending on your needs. Once this list is confirmed Hoosier Healthcare will send out the randomized list. There will be no additional charges for this program. Hoosier Healthcare provides this service so your employees can remain safe at all times.



Random drug testing provides an increased chance for recreational drug users to abstain if they believe they can be tested at any time. Please contact the clinic for more information.

The 2008 flu season is now in full swing! The flu season will extend through May 2008. It's not too late to protect yourself and your employees with the influenza vaccine. On-site administration is available. Yearly flu vaccination should begin as soon as vaccine is available and continue throughout the influenza season, into December, January, and beyond. Influenza season most often peaks in February, but influenza viruses can continue to cause illness into the spring. For people not able to get their influenza vaccine in the fall, vaccination in December, January and beyond is beneficial in most years.

A note from Dr. Sobolewski, Medical Director and Medical Review Officer,

The mandatory direct observation on return to duty and follow-up DOT urine drug tests are on hold by a court order until further notice. Although, they remain optional per employer request. The visual inspection of the donor is still in effect. The original changes were to take effect on November 1, 2008. Please see attachment for further explanation.

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7am-6pm

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